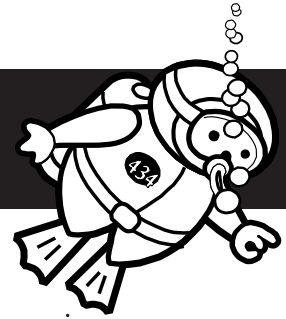


# TRY DIVE FORM

## Bracknell Sub Aqua Club



### A warm welcome to those wishing to take part!

The process of learning to dive begins with a 'Try Dive' taster programme (based on the BSAC Introduction to Diving Course) where you can see and experience the activity and then decide whether you like it enough to make a commitment to progress to a full programme of diver training, either as a member of a BSAC Branch or at a BSAC School.

### Sub-aqua diving is a sport which requires general physical fitness and good health.

Anyone with a medical history of diabetes, blackouts (epilepsy, etc.), perforated eardrums, high blood pressure or heart disease, any lung or respiratory disorder (such as asthma), or dependence on drugs, may not be able to dive safely and so **must** seek specialist advice before contemplating taking up this sport, including a try dive.

The 'Try Dive' programme is available on the understanding that persons taking part:

1. Are capable of swimming 100 metres free style without the use of buoyancy aids.
2. Consider themselves medically fit and do not suffer from any of the disqualifying conditions mentioned above.
3. Will, in the interests of safety, comply with all instructions given to them by the organiser or their Instructor.
4. There is no lower age limit to participate in the 'Try Dive' programme, but organisers are at liberty to impose a limit of minimum age or stature, as they consider appropriate.  
*Participation in this course by young people does not signify any entitlement to undertake a full programme of Bracknell BSAC diver training, for which the minimum age remains 14 years.*

Every precaution will be taken for the safety of persons taking the course and the Branch organisers or individually appointed instructors reserve the right to terminate instruction of any person should there be any reason to doubt fitness or ability or suitability to take part in the sport.

### Applicant details

Surname:	Date of birth:
Forename:	Telephone:
Address:	Mobile:
	Email:
Postcode:	Photography permission: YES / NO

How did you find out about our club?

***I certify that I will comply with terms 1 to 4 above (all applicants including under 18's to sign)***

Signature:	Date:
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**Signature of parent/guardian** (if applicant is under 18)

Name:	Signature:
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### For internal use

Introducer:	Instructor:
Fin size:	BC size: