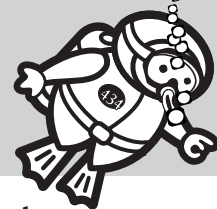


BSAC Ocean Diver: Open Water Dive Checklist



Student name: _____

001: First Open Water Dive

- Fin pivot and weighting correct
- Dive to max 6m with pilotage demo'd
- Mouthpiece retrieval and clear
- Partial mask clear
- Weight check with low air contents
- Own weight belt/weight jettison

Dive time logged (mins)

Date

Instructor

002: Second Open Water Dive

- Buoyancy: mid water hover
- Inversion recovery: forward roll
- Drysuit inflator stuck open: disconnect/reconnect/check OK
- Mouthpiece retrieval and clear
- Mask clear: partial/full/complete remove and replace
- Breathe from AS stationery as donor and recipient
- Dive to approx 10m (near vertical descent/ascent over 5m)
- Buoyancy control, finning & attitude with changing depth

Dive time logged (mins)

003: Third Open Water Dive

- Kit up with minimal supervision
- Deep water entry (stride or roll)
- Vertical/near vertical descent to 6m arrested just short of bottom
- Mask clear: partial and full
- Mask clear: complete remove and replace
- AS ascent as donor, assist buddy in manual BC inflate
- AS ascent as recipient, own manual BC inflate
- Exploratory dive to 12-15m
- Vertical/near vertical ascent to 6m, buoyancy check at 6m
- Deep water exit (ladder or small boat)

Dive time logged (mins)

004: Fourth Open Water Dive

- Kit up and buddy check (fully) competent
- Deep water entry
- Vertical/near vertical descent to 6m arrested just short of bottom
- CBL to surface and tow 25m
- Exploratory dive to 15-20m (buddy monitoring/dive leading /pilotage)
- Depth/time/gas management
- Vertical/near vertical ascent to 6m, buyancy check & final slow ascent
- Casualty weight belt jettison (standing depth)

Dive time logged (mins)

005: Fifth Open Water Dive

- Dive lead planning
- Buddy monitoring
- Depth/time/gas management
- Pilotage
- Own weight belt jettison (standing depth)

Dive time logged (mins)

